

Nowra High School Canteen Menu



BREAKFAST 8.30AM - 9.05AM

Egg and Bacon Roll	\$5.00
Hash Browns	\$1.00
Toasties (from)	\$2.00
Hash Brown Sandwich	
• Single	\$2.00
• Double	\$3.00
Cold Milo (small Only)	\$2.00
Hot Milo	\$3.00
Hot Chocolate	\$3.00
Toast	\$0.50
• Vegemite/Jam/Cinnamon	
Coffee (seniors only)	
• Small	\$4.00
• Large	\$5.00

SNACKS

Assorted Muffins	\$1.00
Assorted Chips	\$1.00
Zooper Dooper	\$0.50
Cyclone	\$2.00
Bulla Frozen Yoghurt	\$3.00
Paddle Pop	\$2.00
Icy Twist	\$1.50
Calippo	\$1.50
Fruit Cups - small	\$3.00
Fruit Bowls - large	\$4.50
Granola & Yoghurt	\$2.00
Watermelon Cups	\$2.00
Cheese & Bacon Roll	\$2.50
Packet chips	\$1.00

SPECIALS MENU

Craving something unique? Explore our delicious daily specials listed below. Our specials change every term to keep things fresh!

MON	Sausage Sandwich
TUES	Nachos
WED	Pulled Pork burger slaw
THURS	Pizza
FRI	Wedges

Everyday Specials \$4.00
Pasta Carbonara/Bolognese/
Vegetarian Pasta

HOT FOOD

Sausage Rolls	\$3.50
Spinach/ricotta Roll	\$3.50
Beef Pies/Cheese & Bacon	\$4.00
Chicken Wedges	\$2.50
Pizza Rounders	\$3.00
Lasagna	\$4.00
Garlic Bread	\$2.00
Nuggets	\$2.50

DRINKS

Water	
• 600ML	\$2.00
• 350ML	\$1.00
• 250ML	\$0.50
Flavoured Milk—300ML	\$3.00
Flavoured Milk - 600ml	\$4.50
Up & Go	\$2.50
Fruit Juice—250ML	\$2.50
Fruit Juice - Large	\$4.50
Juice Bombs—250ML	\$2.50
Poppers	\$1.50
Cans of soft drink (sugar-free)	\$2.50

SANDWICHES

Ham/cheese	\$3.00
Egg/Lettuce mayo	\$4.00
Chicken Lettuce mayo	\$4.00
Salad Sandwich	\$5.00
Additional	
Ham/Chicken	\$1.00
Add Roll	\$1.00

TOASTIES

Ham/Cheese	\$3.00
Chicken/Cheese	\$3.00
Cheese	\$2.00
Ham/Cheese/Tomato	\$3.50
Ham & Cheese	\$4.00
Croissant	
Cheese Croissant	\$3.50

BURGERS

Chicken Schnitzel	\$6.00
Sweet Chilli Burger	\$6.00
Vege Burger	\$6.00
Cheeseburger	\$6.00

WRAPS

Ranch chicken tender	\$6.00
Falafel salad	\$6.00
Chicken Caesar	\$6.00
Chicken Salad	\$6.50
Egg Salad	\$6.50
Ham Salad	\$6.50

SALADS

Caesar Salad	\$7.00
Garden Salad	\$7.00

Dietary requirements catered
for via
PRE-ORDER ONLY

Canteen Hack Alert!
Get ahead of the game by
pre-ordering your lunch on
Flexi-schools or at the
canteen before the clock
strikes 8:30am! Swing by to
grab your tasty treasures at
recess or lunch! 🍌🌟