Nowra High School Canteen Menu

BREAKFAST 8.30AM – 9.05AM

Egg and Bacon Roll	$5.00
Hash Browns	$1.00
Toasties (from)	$2.00
Hash Brown Sandwich	
• Single	$2.00
• Double	$3.00
Cold Milo (small Only)	$2.00
Hot Milo	$3.00
Hot Chocolate	$3.00
Toast	$0.50
• Vegemite/Jam/ Cinnamon	
Coffee (seniors only)	
• Small	$4.00
• Large	$5.00

SNACKS

Assorted Muffins	$1.00
Assorted Chips	$1.00
Zooper Dooper	$0.50
Cyclone	$2.00
Bulla Frozen Yoghurt	$3.00
Paddle Pop	$2.00
Icy Twist	$1.50
Calippo	$1.50
Fruit Cups - small	$3.00
Fruit Bowls - large	$4.50
Granola & Yoghurt	$2.00
Watermelon Cups	$2.00
Cheese & Bacon Roll	$2.50
Packet chips	$1.00

SPECIALS MENU

Craving something unique? Explore our delicious daily specials listed below. Our specials change every term to keep things fresh!

MON	Hot Chips & Gravy
TUES	Nachos
WED	Gozleme-Beef or Spinach & Fetta
THURS	Wedges
FRI	Meatball subs

Everyday Specials	$4.00

Pasta Cabonara/Bolognese/ Vegetarian Pasta

HOT FOOD

Sausage Rolls	$3.50
Spinach/ricotta Roll	$3.50
Beef Pies/Cheese & Bacon	$4.00
Chicken Wedges	$2.50
Pizza Rounders	$3.00
Lasagna	$4.00
Garlic Bread	$2.00
Nuggets	$2.50

DRINKS

Water	
• 600ML	$2.00
• 350ML	$1.00
• 250ML	$0.50
Flavoured Milk—300ML	$3.00
Flavoured Milk - 600ml	$4.50
Up & Go	$2.50
Fruit Juice—250ML	$2.50
Fruit Juice - Large	$4.50
Juice Bombs—250ML	$2.50
Poppers	$1.50
Cans of soft drink (sugar-free)	$2.50

SANDWICHES

Ham/cheese	$3.00
Egg/Lettuce mayo	$4.00
Chicken Lettuce mayo	$4.00
Salad Sandwich	$5.00
Additional	
Ham/Chicken	$1.00
Add Roll	$1.00

TOASTIES

Ham/Cheese	$3.00
Chicken/Cheese	$3.00
Cheese	$2.00
Ham/Cheese/Tomato	$3.50
Ham & Cheese Croissant	$4.00
Cheese Croissant	$3.50

BURGERS

Chicken Schnitzel	$6.00
Sweet Chilli Burger	$6.00
Vege Burger	$6.00
Cheeseburger	$6.00

WRAPS

Ranch chicken tender	$6.00
Falafel salad	$6.00
Chicken Caesar	$6.00
Chicken Salad	$6.50
Egg Salad	$6.50
Ham Salad	$6.50

SALADS PRE ORDER ONLY

Caesar Salad	$7.00
Garden Salad	$7.00

Dietary requirements catered for via PRE-ORDER ONLY