Nowra High School Canteen Menu

BREAKFAST
8.30AM – 9.05AM

Egg and Bacon Roll	$5.00
Hash Browns	$1.00
Toasties (from)	$2.00
Hash Brown Sandwich	
• Single	$2.00
• Double	$3.00
Cold Milo (small Only)	$2.00
Hot Milo	$3.00
Hot Chocolate	$3.00
Toast	$0.50
• Vegemite/Jam/ Cinnamon	
Coffee (seniors only)	
• Small	$4.00
• Large	$5.00

SNACKS

Assorted Muffins	$1.00
Assorted Chips	$1.00
Zooper Dooper	$0.50
Cyclone	$2.00
Bulla Frozen Yoghurt	$3.00
Paddle Pop	$2.00
Icy Twist	$1.50
Calippo	$1.50
Fruit Cups - small	$3.00
Fruit Bowls - large	$4.50
Granola & Yoghurt	$2.00
Watermelon Cups	$2.00
Cheese & Bacon Roll	$2.50
Packet chips	$1.00

SPECIALS MENU

Craving something unique? Explore our delicious daily specials listed below. Our specials change every term to keep things fresh!

MON	Parmi Burger
TUES	Enchiladas
WED	Soup of the week with bread roll
THURS	Pasta bake
FRI	Chicken & gravy roll

Everyday Specials	$4.00
Pasta Cabonara/Bolognese/ Vegetarian Pasta	

HOT FOOD

Sausage Rolls	$3.50
Spinach/ricotta Roll	$3.50
Beef Pies/Cheese & Bacon	$4.00
Chicken Wedges	$2.50
Pizza Rounders	$3.00
Lasagna	$4.00
Garlic Bread	$2.00
Nuggets	$2.50

DRINKS

Water	
• 600ML	$2.00
• 350ML	$1.00
• 250ML	$0.50
Flavoured Milk—300ML	$3.00
Flavoured Milk - 600ml	$4.50
Up & Go	$2.50
Fruit Juice—250ML	$2.50
Fruit Juice - Large	$4.50
Juice Bombs—250ML	$2.50
Poppers	$1.50
Cans of soft drink (sugar-free)	$2.50

SANDWICHES

Ham/cheese	$3.50
Egg/Lettuce mayo	$4.00
Chicken Lettuce mayo	$4.00
Salad Sandwich	$5.00
Additional	
Ham/Chicken	$1.00
Add Roll	$1.00

TOASTIES

Ham/Cheese	$3.50
Chicken/Cheese	$3.50
Cheese	$2.00
Ham/Cheese/Tomato	$3.50
Ham & Cheese Croissant	$4.00
Cheese Croissant	$3.50

BURGERS

Chicken Schnitzel	$6.00
Sweet Chilli Burger	$6.50
Vege Burger	$6.00
Cheeseburger	$6.00

WRAPS

Ranch chicken tender	$6.00
Falafel salad	$6.50
Chicken Caesar	$6.50
Chicken Salad	$6.50
Egg Salad	$6.50
Ham Salad	$6.50

SALADS PRE ORDER ONLY

Caesar Salad	$7.00
Garden Salad	$7.00

Dietary requirements catered for via **PRE-ORDER ONLY**