



IT'S NEWS TO ME

Nowra High School

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Deputy Principals: Mr Gerald Buckley, Ms Kate Forbes and Mrs Kylie Newton

PRINCIPAL'S MESSAGE



The past two weeks have been a wonderful celebration of excellence at Nowra High School.

MADD Week was a showcase of the extraordinary talents of our Creative and Performing Arts students. The first event was the Art Exhibition, which attracted a huge audience who enjoyed the displays of artworks in many different forms by students from all years from 7-12. My thanks to Ms Yeomans, Ms Reagan and Ms Hamilton for their hard work in curating such a professionally presented exhibition. Well done to all students who had their work selected for display.

The next event was the Music Evening, which was a highlight of the year for me. I am always blown away by the amazing performances of our students. Unfortunately they also blew the power away during the last performance of the night! With a wide variety of performances from piano recitals to our very own rock band, the audience was kept entertained. Congratulations to all of the performers, and thank you to Ms Hall and Mrs Arroyo for their work in putting the evening together.

MADD Week concluded in style with our Dance Evening on Friday night, showcasing the choreography and dancing of students from Years 7 – 12, including solo and group items. Again, all of the students performed beautifully and the audience was mesmerised by their talent. Thank you and well done to all of our dancers, and to your wonderful dance teacher Miss Buikstra, who has now become Mrs Poulton.

Our celebration of excellence continued with the Extension Showcase, where students from our Gifted and Talented programs in the Humanities, Science and Creative and Performing Arts shared their group and individual projects with parents, sibling, teachers and peers. These projects were simply incredible, with a huge amount of work going in to these creative ideas. The two group projects, *The Shoalhaven 24 Hour No Power Challenge* (raising money to plant more trees in our community) and the *RedEvolution* (raising money to help researchers find a cure for ebola) are fun initiatives that you will hear more about next year. A huge thank you to Mrs Robinson for her dedication to these students, and to the CAPA staff who have acted as program mentors.

Our elite sportspeople haven't been forgotten, and this year's Sports Assembly was the biggest and best we've ever had. I was delighted to see so many students being acknowledged for their outstanding performances in a wide range of individual and team sports. There was a special celebration of our Hassett Cup winning junior cricket team, who have returned the trophy to Nowra High School for the first time in 15 years – well done boys! A big congratulations also to Sturt, who won the 2014 House Trophy with a dominant performance across all of our carnivals. Thank you to Miss Little for her organisation of the assembly, and the PDHPE staff for their support.

Last week I was honoured to attend the South Coast Sports Association Awards to see Samantha Peace and Zac Jones receive a prestigious South Coast Blue. Zac also received the AWD Athlete of the Year Award. The previous week Zac had travelled to Sydney to receive his NSW Combined High Schools Blue. This is an incredible achievement, with only three Blues awarded in New South Wales for school sport. Sam and Zac are not only champion athletes, but also lovely students of whom Nowra High is incredibly proud. I know they have won many awards and medals in the past, but I am sure their Blues will hold pride of place in the trophy cabinet. I have a feeling that Zac and Sam might be our first Olympians from Nowra High School!

Monday of the last week of school will see a few hundred students participating in the Reward Excursion to Jamberoo Action Park. Well done to these students who have been rewarded for a year of excellent class work and behaviour. Our celebrations conclude with Presentation Night on Tuesday 16 December at 7.30pm. I invite parents, students and community members to join us as we acknowledge the 2014 award winners.

Phew – what a great two weeks and how wonderful a way to end our year so positively, celebrating the many and varied achievements of our students. Nowra High School really does have so much to celebrate! As this is our final newsletter for 2014, I would like to take this opportunity to thank all of the teaching, support and administrative staff of Nowra High School. They are an extraordinarily hard working team of professionals who regularly go above and beyond the call of duty to ensure our students have every opportunity to experience success.

I wish everyone a wonderful Christmas break, and hope you have a happy and safe holiday with family and friends.

I look forward to seeing you next year.

Angela Byron - Principal

Coming Events for TERM 4 - Week 11 and TERM 1 - Week 1

WEEK 11 - ALPHA

Monday 15th December:

- ⇒ Jamberoo Rewards Excursion - all day
- ⇒ Yr 12 Ancient History - 9am to 11am - Spartan Activity Morning in Yr 12 area and MPH

Tuesday 16th December:

- ⇒ Presentation Evening in the MPH starting at 7.30pm

Wednesday 17th December:

- ⇒ End of Term 4 for students

Thursday 18th December:

- ⇒ Staff Development Day

Friday 19th December:

- ⇒ Staff Development Day



WEEK 1 - ALPHA

Monday 26th January:

- ⇒ Public Holiday

Tuesday 27th January:

- ⇒ Staff return TODAY

Wednesday 28th January:

- ⇒ Years 7, 11 and 12 RETURN

Thursday 29th January:

- ⇒ Years 8, 9 and 10 RETURN

Friday 30th January

- ⇒ Lessons continue



SPORTS ASSEMBLY PRESENTATION

Wednesday 10th December

On Wednesday 10th December we had our annual **Sports Assembly** where we announced our new **Year 11 Sport House Captains** for 2014-2015. These students were voted on by their peers based on their sporting interests, leadership qualities and passion for sport in all areas.

House captain roles involve: Encouragement and participation at all major sporting carnivals throughout the year, Involvement and organisation of house relays, role modelling, leadership towards younger students, assistance with sport information, enthusiasm in all sporting events and house spirit toward school carnivals (swimming, cross country and athletics).

The following year 11 students were awarded House Captains for 2015-2016- Congratulations!

<p>Bass – Red (A-D)</p> <ul style="list-style-type: none">• Jack Chittenden• Leah Davey	<p>Hume – Blue (E-K)</p> <ul style="list-style-type: none">• Sarah Franklin• Harry Harnwell
<p>Oxley – Yellow (L-P)</p> <ul style="list-style-type: none">• Bruce Ozolins• Tia McIver	<p>Sturt – Green (Q-Z)</p> <ul style="list-style-type: none">• Putter Saardiam• Annie Westley





Bronze Medallion Recipients- Well Done to these Year 10 PASS students!

Our Overall House Point Score

In 4th place on 4678 points- OXLEY

In 3rd place on 5580 points- HUME

In 2nd place on 7588 points- BASS

In 1st place on 9202- STURT!!!



Our Perpetual Trophy Winners- Congratulations to these students on their exceptional efforts throughout this year in their particular sports.



Thank you to our students for their cooperation at our annual Sports Assembly.

Year 9 Camp 2015

Below is the information that was sent home with year 8 students recently about 2015's year 9 camp. More information and permission notes will be available at the beginning of next year.

Year 9 Camp 2015 – Collaroy Centre, Collaroy Beach.

Next year's Camp for year 9 will be held at The Collaroy Centre, Collaroy Beach. Collaroy is one of Sydney's northern beaches and the centre we will stay at is only a few hundred metres from the beach.



The camp will be from Wednesday 2nd of September to Friday the 4th of September, 2015 (Term 3, Week 8). We will travel to camp by bus. Accommodation is in cabin rooms and each room has bunk beds and a bathroom. Students will be required to provide their own sleeping bag, pillow, sheet, pillowslip, and towel. All meals are provided once we arrive at the centre with a cooked breakfast, morning tea, lunch, afternoon tea, dinner and supper.

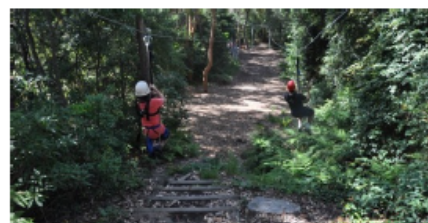


At the camp, students will be placed in groups of about 15 to 18 students and will do a variety of day time activities including raft building, abseiling, rock wall climbing, giant swing, flying fox, laser tag and more. On the first night we have a night bush walk to the nearby Collaroy Headland and on the second night a 3D movie night with popcorn provided.

The cost of the camp is \$340 which includes accommodation, meals, activities, instructors and bus. We will collect the money in instalments. The first instalment is a payment of \$100 which is a **non-refundable deposit** and must be paid by Tuesday 24th February, 2015. This instalment can be paid at the school office between the 10th February and 24th February, 2015.

Please note that this **first \$100 payment** will be non-refundable and will finalise numbers for the camp. Payments in full can be accepted; if not the remaining payments can be made in instalments as follows:

- **Second instalment:** \$60 due Tuesday 31st March 2015.
- **Third instalment:** \$60 due Tuesday 19th May 2015.
- **Fourth instalment:** \$60 due Tuesday 23rd June 2015.
- **Fifth (final) instalment:** \$60 due Tuesday 11th August 2015.



This is a fun and exciting occasion for students to interact as a whole year group outside of school. Attendance is encouraged to avoid missing out on this opportunity.

P. Killen



Nowra High School Requirements List 2015 Year 8

Subject	Requirements
All subjects	2015 student diary or equivalent
	Blue, black and red pens
	Colour and lead pencils.
	Pencil case
	Eraser
	Glue stick
	Ruler
	Scissors
	USB thumb drive
	Headphones
	Fully enclosed leather or leather type, white or black shoes
English	196 page exercise book
	Possible excursion cost: \$40 approx. Date TBA.
Geography	196 page exercise book.
History	196 page exercise book
IM Class	2 x 128 page A4 lecture pads with a margin
	8 x 128 page exercise books, lined; A3 Visual Arts Diary
	1 x 200 page, 5mm grid book for Mathematics
	2 x A4 ring binders; 4 x display folders with plastic sleeves
	1 large pencil case, 6 blue/black pens, 6 lead pencils
	Sharpener; ruler; glue stick; 3 erasers; pink & yellow highlighters; scissors; large display calculator
Mathematics	200 page, 5mm grid book.
	CASIO calculator – please purchase from school front office
	Ruler, set square, protractor, compass.
Performing Arts	Dance – 48 page exercise book
	Drama – 48 page exercise book, shorts/pants required every lesson.
	Music – Music book with manuscript paper
PD.H.PE	96 page exercise book
Science	240 page A4 exercise book
Technology (Mandatory)	A4 display book
	64 page A4 exercise book
Visual Arts	A3 Visual Arts Diary
	Pencils – 2B and 4B



Nowra High School Year 9 Requirements List 2015

General Requirements for all Subjects	2015 student diary or equivalent
	Blue, black and red pens
	Colour and lead pencils, pencil case, eraser
	Glue stick, ruler, and scissors.
	USB thumb drive
	Headphones
	Fully enclosed leather or leather type white or black shoes.
Core Subject Requirements	
English	196 page exercise book
	Possible excursion cost: \$40 approx. Date TBA.
Geography	196 page exercise book
History	196 page exercise book
IM Class	2 x 128 page A4 lecture pads with a margin
	8 x 128 page exercise books, lined; A3 Visual Arts Diary
	1 x 200 page, 5mm grid book for Mathematics
	2 x A4 ring binders; 4 x display folders with plastic sleeves
	1 large pencil case, 6 blue/black pens, 6 lead pencils
	Sharpener; ruler; glue stick; 3 erasers; pink & yellow highlighters; scissors; large display calculator
Mathematics	200 page, 5mm grid book.
	CASIO calculator – please purchase from school front office
	Ruler, set square, protractor, compass.
PD.H.PE	96 page exercise book
Science	240 page A4 exercise book
	Compass, protractor.
Elective Subject Requirements	
Agricultural Technology	240 page A4 exercise book
Child Studies	A4 display book; 128 page A4 exercise book.
Commerce	To be advised
Dance	Two 96 page A4 exercise books. Black leotard.
Design and Technology	A 4 display book; 64 page exercise book; A4 Visual Arts Diary.
Food Technology	A4 display book; 64 page A4 exercise book.
	Teatowel, container and/or table setting for practical lessons.
History Elective	196 page exercise book
Industrial Technology - Engineering	A4 display book; 32 page exercise book
Industrial Technology – Metals	32 page exercise book
Industrial Technology – Multimedia	A4 display book
Industrial Technology - Timber	32 page exercise book
Marine and Aquaculture Technology	240 page A4 exercise book
Music	Music book with manuscript paper.
PASS	96 page exercise book
Visual Arts	A3 Visual Arts Diary.
	2 pieces of A1 cardboard joined on 3 sides with tape to make folio.
	Pencils – 2B and 4B



Nowra High School Year 10 Requirements List 2015

General Requirements for all Subjects	2015 student diary or equivalent
	Blue, black and red pens
	Colour and lead pencils, pencil case, eraser
	Glue stick, ruler, and scissors.
	USB thumb drive
	Headphones
	Fully enclosed leather or leather type black or white shoes.
Core Subject Requirements	
English	196 page exercise book
	Possible excursion cost: \$40 approx. Date TBA.
Geography	196 page exercise book
History	196 page exercise book
IM Class	2 x 128 page A4 lecture pads with a margin
	8 x 128 page exercise books, lined; A3 Visual Arts Diary
	1 x 200 page, 5mm grid book for Mathematics
	2 x A4 ring binders; 4 x display folders with plastic sleeves
	1 large pencil case, 6 blue/black pens, 6 lead pencils
	Sharpener; ruler; glue stick; 3 erasers; pink & yellow highlighters; scissors; large display calculator
Mathematics	200 page, 5mm grid book
	CASIO calculator – please purchase from school front office
	Ruler, set square, protractor, compass
PD.H.PE	96 page exercise book
Science	240 page A4 exercise book
Elective Subject Requirements	
Agricultural Technology	240 page A4 exercise book
Child Studies	A4 display book; 128 page A4 exercise book.
Commerce	To be advised
Dance	Two 96 A4 page exercise books. Black leotard.
Drama	96 page A4 exercise book. Black pants and top.
Food Technology	A4 display book; 64 page A4 exercise book
	Teatowel, container and/or table setting for practical lessons.
Information & Software Technology	To be advised
Industrial Technology - Engineering	A4 display book; 32 page exercise book
Industrial Technology – Metals	32 page exercise book
Industrial Technology – Multimedia	A4 display book
Industrial Technology - Timber	32 page exercise book
History Elective	196 page exercise book
Marine and Aquaculture Technology	240 page A4 exercise book
Music	Music book with manuscript paper.
PASS	96 page exercise book
Visual Arts	A3 Visual Arts Diary; Pencils – 2B and 4B



Nowra High School Year 11 Requirements List 2015

General Requirements for all Subjects	2015 student diary or equivalent
	Blue, black and red pens; highlighters
	Colour and lead pencils & eraser in a pencil case
	Glue stick, ruler, and scissors.
	USB thumb drive
	DEC Laptop
	Folder for work books
	Headphones
Subject Requirements	
Aboriginal Studies	1 x A4 240 page exercise book
Agriculture	1 x A4 240 page exercise book
Ancient History	1 x A4 240 page exercise book; 1 x A4 display book
Biology	1 x A4 240 page exercise book
Business Studies	1 x A4 240 page exercise book
Chemistry	1 x A4 240 page exercise book
Community and Family Studies	1 x A4 240 page exercise book
Dance	3 x A4 Visual Arts Diaries
Design and Technology	1 x A4 Visual Arts Diary; 1 x 240 page A 4 book
English (all course levels)	1 x A4 240 page exercise book
	1 x 2 ring binder; A4 plastic sleeves or display book
English Extension	1 x A4 ring binder folder; loose-leaf paper; dividers
French	Workbook or loose leaf paper for folder
	Small French/English dictionary, e.g. Oxford Learners
Industrial Technology	1 x A4 240 page exercise book
Legal Studies	1 x A4 240 page exercise book
Mathematics Advanced and General	200 page, 5mm grid book; Ruler, set square, protractor, compass CASIO calculator – please purchase from school front office
Modern History	1 x A4 240 page exercise book; 1 x A4 display book
Music	1 x A4 music book with staves
PD.H.PE	Loose leaf A4 paper; plastic sleeves A4.
Physics	1 x A4 240 page exercise book
Senior Science	1 x A4 240 page exercise book
Society & Culture	1 x A4 240 page exercise book or a packet of loose leaf A4 writing paper
Sport, Lifestyle & Recreation Studies	1 x A4 96 page exercise book
VET Construction	1 x A4 240 page exercise book
VET Hospitality	1 x 240 page A 4 book; information regarding uniform requirements will be handed out in class.
VET Metals and Engineering	Booklets provided by teacher. Own pair of safety glasses (optional).
Visual Arts	1 x A3 Visual Arts Diary; 2 x A4 240 page exercise books; 2B and 4B pencils
Work Studies	1 x A4 240 page exercise book



EXCURSION INFORMATION & CONSENT FORM

Dear Parent or Guardian,

With your consent your son/daughter/ward will be participating in a: **Sports Excursion**

N.B. Please read and complete all relevant sections of this form. The consent slip below and any other attached forms should be returned by 6/2/2015. Payment or part payment is required as soon as possible to secure your student a place on this excursion.

CONSENT SLIP

I hereby consent to my son / daughter / ward _____

Full Name

participating in an educational excursion to **Bomaderry Swimming Pool**

on the date/s: **Wednesday 11th February (Week 3, Term 1)** which includes the following activities:

Organised Swimming Events

I give / I do not give permission for my child to receive medical treatment in case of emergency.

Special needs of my child of which the school should be aware _____

Signature of Parent / Guardian _____ Date _____

X

EXCURSION INFORMATION

(Please detach and keep at home for your reference)

PARENTS PLEASE NOTE: Excursions require payment/or part payment as soon as possible as numbers are limited and students may miss out.	
Excursion to:	Bomaderry Swimming Pool
From (day and date):	Wednesday 11 th February, 2015 (Week 3, Term 1)
To (day and date):	Wednesday 11 th February, 2015 (Week 3, Term 1)
Purpose of Excursion:	Nowra High School Swimming Carnival
Departure from:	Nowra High School
Time of Departure:	9:10am
Return to:	Nowra High School
Approximate time of return:	3:00pm
Mode of transport will be:	Bus to and from school
Supervision will be provided by:	K.Little + Other NHS Staff
First Aid Officer will be:	K. Little + Pool Lifeguards
Additional information:	PLEASE NOTE: Year 7 & 8 students must attend Swimming Carnival (Compulsory) Year 9-12 students is for competitors only.
	<input checked="" type="checkbox"/> Students must provide sunscreen and a hat for protection from the sun.
	<input checked="" type="checkbox"/> Students must provide wet weather gear.
	<input checked="" type="checkbox"/> Full school sport uniform must be worn with enclosed shoes.
	<input checked="" type="checkbox"/> Students must provide morning tea and/or lunch and/or afternoon tea.
<input checked="" type="checkbox"/> Please refer to second page for further additional information.	
The cost of the excursion is:	\$ 6 (To be paid along with note to front office by 6/2/15)

Signatures:

Teacher

Head Teacher

Principal/Deputy Principal

ADDITIONAL INFORMATION

(Please complete Parent Response Statements as required)

Students will need the following items on this Excursion:	
Clothing	Food
<input checked="" type="checkbox"/> Swimsuit, towel and plastic bag <input checked="" type="checkbox"/> Waterproof clothing eg raincoat, rain hat/umbrella <input checked="" type="checkbox"/> Change of clothes <input type="checkbox"/> Warm clothing <input checked="" type="checkbox"/> Sunhat and sunscreen	<input checked="" type="checkbox"/> Lunch and drink to be brought from home <input checked="" type="checkbox"/> Lunch can be bought during the excursion <input type="checkbox"/> Cost of lunch is covered in the excursion <input type="checkbox"/> Pens, Pencils, Note Paper <input type="checkbox"/> Other _____

OVERNIGHT

Overnight Excursions - Advice
Accommodation will be at Travel will be by..... The group will be supervised by <i>Additional information (consider advice on the number of students and teachers, protective clothing or equipment)</i>
Parent Response - Overnight Excursions
I understand that my son / daughter will stay overnight at

WATER OR SWIMMING

Water or swimming activities - Advice
The excursion will involve the following water or swimming activities: These activities will take place at: The school will provide the following flotation devices to students who may require assistance in the water:
Parent Response - Water or swimming activities
In relation to the proposed water or swimming activities, I advise that my child is a: <i>(please tick one)</i> <input type="checkbox"/> strong swimmer <input type="checkbox"/> average swimmer <input type="checkbox"/> poor swimmer <input type="checkbox"/> non-swimmer I advise that my child requires the following flotation device to assist him/her in the water:..... I undertake to provide this device so that my child can participate in the excursion. Yes / No I give / do not give permission for my child to participate in the water or swimming activities. Signature of Parent/Guardian: _____ Date: _____

Medical Information Form

The information provided on (student) by the parent/caregiver is being obtained for the purpose of ensuring suitable supervision and care of the student while on the excursion.

Other persons and/or agencies that may be provided with this information in case of emergency are medical staff if parents have agreed to teachers seeking medical assistance, Ambulance, Police and Department of Education and Training personnel.

Provision of this information is required by law. It will be stored securely.
If you do not provide all or any of this information then your child will not be able to attend the excursion.

You may correct any personal information provided at any time by contacting the teacher in charge of the excursion on 44 214977

Student Name: Class:

Parent or Caregiver Contact Details

Name:

Address:

Home phone: Work: Mobile:

Doctor contact details

Name:

Address:

Doctor's telephone: 1. 2.

Emergency Contact(s) Details (nominated by the parent or caregiver as alternate contact)

1. Name: Phone:

2. Name: Phone:

Medicare Number:

List existing medical conditions or illnesses (include asthma, diabetes, epilepsy, allergies etc.).
Outline the treatment for each.

.....
.....
.....
.....

N.B. - This form is continued on the other side. Please turn over, and fill in relevant sections including a Parent Signature in the space provided.

