



Principal: Mr Glen Kingsley

Deputy Principal: Mrs Jodie Wellington
Deputy Principal: Ms Libby Campbell
Relieving Deputy Principal: Mr Scott Blakeney

PRINCIPAL'S MESSAGE

Dear Parents, Carers and families,

With the easing of Covid restrictions, we are finally seeing a return to some sort of normality at Nowra High School. Students are again able to participate in sporting events, outside agencies are coming into school to run courses and we are back to having weekly assemblies.

The week began with a Support Unit assembly. Head Teacher Support - Ms Biayazeid chaired the assembly and many students were recognised for their many fantastic achievements as well as their creativity and innovation. Several high-quality short films created by the students were played on the big screen at the assembly including a music film clip and a short film promoting the highly successful recycling program.

On Monday 14 March our school celebrated Pi Day. Students had to demonstrate their knowledge of Pi, before being rewarded with a pie from Huskisson bakery. We applaud the Mathematics faculty in running this annual event and encouraging a love of Maths among our students.

Recently the Nowra Police Youth Engagement Officers - Senior Constable Ward and Constable White visited Nowra High School and presented sessions on cyber safety to Years 7 – 10. The officers talked about online safety and how important it is to think about what you post, the images you send to others and the websites you visit. We thank Senior Constable's Ward and White Clarke for their partnership with our school and assistance in keeping our students both informed and safe.

With best wishes for a safe and happy weekend,

Kind regards,

Mr Glen Kingsley
Principal



Calendar - 2022

Coming Events for Term 1 - Weeks 8-9

Week 8 - BETA

Monday 14 March:

- Whitecard course - Mr Mozejko
- Year 7 Science task (in class)
- Maths Pi day - Ms Cooke
- Year 11 Hospitality practical exam - Ms Pollock

Tuesday 15 March:

- Year 8 English - Asian voices - submit draft
- Year 9 English - Genre study - submit draft
- Year 7 Science task (in class)
- NSW All Schools Triathlon - Ms Nielson
- Jetts Gym - Ms Biayazeid
- P&C meeting - Library - starting 6.30pm

Wednesday 16 March:

- Year 11 Business Studies task 1 - Mr Tagliabue
- Year 7 Science task (in class)

Thursday 17 March:

- Careers & Community task 1 - Ms Elderfield
- Year 7 Science task (in class)
- HSC Business Studies task 2 - Mr Tagliabue
- Open Girls/Boys soccer - Mr McGrath, Ms Pollock

Friday 18 March:

- Year 8 Transition Asian Voices assessment draft - Ms King
- Year 7 Science task (in class)
- Year 11 Ancient History - groundwork extended - Archaeology - Ms Clerke
- P2 & G3 beach activities - Seven Mile Beach - Mr Pickard
- Year 9 Commerce excursion - Mr Tagliabue
- Year 8 Maths assessment - Mr Bower
- Richard III Incursion - Mr McKee

Week 9 - ALPHA

Monday 21 March:

- Maths Year 7 assessment task (in class) - Godbier 21.3 - 25.3.22
- Year 7 French assessment task - Ms Bunten 21.3 - 25.3.22
- Maths Year 10 5.2 assessment - Mr McGrath

Tuesday 22 March:

- Years 10-12 First Aid course - Mr Mozejko
- Hospitality assessment - Ms Pollock
- HSC Ancient History task 2 - Ms Clerke
- Jetts Gym - Ms Biayazeid
- Maths Year 9 5.3 assessment - Ms Cooke
- Maths Year 9 5.1 assessment - Mr Erdel
- Maths Year 9 5.2 assessment - Ms Matuschka

Wednesday 23 March:

- Standard English module B close study of literature - Ms King
- NAPLAN practice test - Mr Blakeney

Thursday 24 March:

- Smarter Schools workshop - Ms Fuz
- Shoalhaven Zone 14 & 16 boys league - Ms Nielsen
- 7ENO (transition) English hand in task - Ms Goble
- NAPLAN practice test - Mr Blakeney
- Maths Prelim Advanced class test - Ms Cooke
- Maths Prelim Standard assessment - Mr McGrath

Friday 25 March:

- Year 12 Science & discovery assessment - Ms Elderfield
- Year 7 English assessment task - Ms Stevens
- Year 9 Commerce excursion - Mr Tagliabue
- 9ENS (transition) English task - Ms Goble
- P2 & G3 beach activities - Seven Mile Beach - Mr Pickard
- Year 11 CAFS exam - Ms Pollock

Did you know that you can make payments to your child's school online?

You can make payments to Nowra High School through our online payment portal linked to your school's website to make it easier for you to pay for school related payments. This is a secure payment page hosted by Westpac.

What expenses can be paid online?

- Voluntary School Contributions
- Subject Contributions
- Excursions
- Sport
- Creative and Practical Arts
- Sales to Students
- Other

How?

Log onto School site at [Payment - Nowra High School \(nsw.gov.au\)](https://www.nowrahighschool.nsw.gov.au) Follow the prompts to make a payment via Visa or MasterCard.

SENIOR STUDY & SUPPORT



EVERY THURSDAY
PERIODS 4 & 5
SCHOOL LIBRARY

PROVIDING ACADEMIC ASSISTANCE,
VOCATIONAL ADVICE AND WELLBEING SUPPORT
FOR STUDENTS IN YEARS 11 AND 12

TEACHING & WELLBEING STAFF WILL BE
PRESENT AT EVERY SESSION

LET US HELP YOU REACH YOUR FULL POTENTIAL

Homework centre

The homework centre at Nowra High runs in the library every Wednesday afternoon from 3.30 - 5.00 pm.

Snacks and drinks are provided.

All students in years 7-12 are encouraged to take advantage of this great opportunity to study, with staff present to assist.

Computer access is also available during the sessions.



Supporting Children, Young People and Adults Through Grief, Loss and Change.

Join this session for Parents and Carers

Life is full of changes that can bring loss and grief for many for children, young people, and families. Changes such as bereavement, family separation and relocation can be confusing and unsettling. There are many questions about the impact of the changes and how we can best support the children and young people in our lives as they face these challenges.

Overview

Common questions:

- How can I talk about what is happening?
- What kind of reactions can I expect from my young person?
- How can I best support my young person?

Attendees will have the opportunity to:

- Consider the range of impacts grief, loss and change has on young people
- Explore ways of managing reactions of young people
- Hear about some creative ways of providing support

Join us

Join us for this free seminar to discuss helpful ways to support children and young people adversely affected by change loss and grief events.

Date: Thursday 24 March

Time: 4.00pm to 5.30pm

Venue: Headspace

96 Kinghorne Street, Nowra



The Seasons for Growth suite of programs equip schools and other professionals to support children and young people, parents/carers and other adults in sharing their experiences of change and loss in safe and creative ways, understand and attend to their feelings, and learn skills for adapting and recovering.

Register attendance:

Headspace Nowra – 4446 7300

The MacKillop Institute
Seasons for Growth Programs

goodgrief.org.au

mackillopinstitute.org.au

Congratulations



Congratulations to Callan O'Connor, who marched out on HMAS Cerberus on Wednesday 9 March 2022.

This is a great news story. Callan set his goal, worked hard, completed his VET Maritime Course in Year 11, then was accepted into the NAVY at the beginning of Year 12.

We are so proud of you and look forward to hearing about your career in the future.



Congratulations to 8 of our Open girl netballers who trialled and all were selected in the Shoalhaven Zone Netball team later this term.

We are so proud of you, your sportswomanship and wish you all the best at the regional selections.

Left to right: Julia, Maddie, Tarryn, Ella, Caitlyn, Emma, Keeley and Olivia.



Congratulations to our NHS netball players. The Opens were undefeated Zone champions, while the under 15s finished Runners Up.

Both teams now progress to Regionals which will be held in Term 3.

Thank you to our parents for their help and to Mrs Wellington and Mrs Dunk for coaching and umpiring.

NSW SCHOOL VACCINATION PROGRAM

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2022 the following vaccines will be offered:

YEARS	VACCINE	NUMBER OF DOSES
Year 7	Human papillomavirus (HPV) vaccine	2-doses at least 6 months apart
	Diphtheria-Tetanus-Pertussis (whooping cough) vaccine	Single dose
Years 10	Meningococcal ACWY vaccine	Single dose

Our school's 2022 vaccination schedule:

Year 7	Year 10	Year 7 – 2 nd HPV	2021 Year 7 cohort (Dose 2 HPV)	2021 Year 10 cohort (MenACWY)
11/3/22	27/7/22	7/9/22	18/2/22	25/5/22

Parent Information Kits that include an information sheet, consent form and privacy statement will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:

- read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- return the completed consent form to their child's school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Please note that, to improve vaccination completion, students will be opportunistically offered any missed doses during Year 7 or 8 (for HPV and dTpa vaccination) and during Year 10 or 11 (for Meningococcal ACWY vaccination) or consent signed in 2021.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation/Pages/withdraw_consent.aspx.

A Record of Vaccination will be provided to each student vaccinated at each clinic either as a physical card or a text message sent to the mobile number recorded on the consent form. Details about vaccinations given at school will also be uploaded to the Australian Immunisation Register (AIR) to support complete vaccination histories.



Year 10 Drama have been working on the topic of Melodrama and more specifically, character work.
Check out some of their mid scene snaps...costumes and all!

HARMONY WEEK

EVERYONE BELONGS CELEBRATING CULTURAL DIVERSITY

21 - 27 MARCH 2022



Harmony Week is a time to celebrate Australian multiculturalism, based on the successful integration of migrants into our community. It is an opportunity for all Australians to embrace cultural diversity and to share what we have in common.



There is a range of Harmony Week events happening in the Shoalhaven between **21 – 27 March**. Visit www.shoalhaven.nsw.gov.au/HarmonyWeek or scan the QR code for a full list of events.

