



Principal: Mr Glen Kingsley

Deputy Principal: Mrs Jodie Wellington
Deputy Principal: Ms Libby Campbell
Relieving Deputy Principal: Mr Scott Blakeney

PRINCIPAL'S MESSAGE

Dear Parents, Carers and families,

Happy end of Term 1, 2022!

On Monday 4 April we held the ANZAC assembly. Special guests; Lieutenant Commander Damian Liberale, Mr Barry "Grumpy" Tait from the RSL, and Mr Williams were our special guests, who joined us to commemorate this important and solemn occasion. I encourage all students to consider marching with our school at the ANZAC commemoration services, the details of which are listed below.

The last day of school for students and staff is Friday 8 April. Students are due to return to school on Wednesday 27 April.

It has been an exciting and very busy first term with many students, staff and families impacted by COVID and isolations as well as extreme weather conditions. Thankyou to everyone who has helped and supported our school this term. All staff have been performing additional duties and teaching extra students and classes, the senior executive and myself included. I would like to thank our amazing students who are being so resilient and flexible at school with changes to their teachers on some days, and parents and carers who continue to understand the context of what is happening in schools and workplaces. Thank you also to our support staff for keeping our school running smoothly- often with only skeleton staff.

Last Tuesday we held a very successful Years 7, 11 and 12 Parent / teacher night. The night was well attended, and it was a wonderful opportunity to be able to connect with our parents and carers and celebrate the many successes of our students as well as to provide strategies to help students to continue to grow in their personal development and their learning.

With the changing of seasons I would like to remind all students and parents to plan ahead for Term 2 and ensure that all students have appropriate school uniform. We do not allow hooded jumpers, tights or jeans to be worn at Nowra High School.

When students wear a school uniform, they feel included in our school community. Students, teachers, parents and carers, as well as members of our local community helped develop our school uniform to make sure it meets the requirements of occupational health and safety, anti-discrimination and equal opportunity legislation. Our school uniform includes items that are affordable, comfortable and made from easy-care and easy-wear fabrics, is appropriate for the full range of school activities and is suitable for all body shapes. Further information about our school uniform is found at: <https://nowra-h.schools.nsw.gov.au/about-our-school/what-we-offer>

I wish you all a happy and safe Easter holidays.

Kind regards,

Mr Glen Kingsley
Principal

Calendar - 2022

Coming Events for Term 2 Weeks 1 & 2

Week 1 - BETA

Tuesday 26 April:

- Staff Development Day

Wednesday 27 April:

- SRC camp - Ms Coppin
- Year 12 Chemistry assessment

Thursday 28 April:

- SRC camp - Ms Coppin
- Naval Aviation work experience - Mr Mozejko
- Open Boys Soccer Round 2 - Mr McGrath

Friday 29 April:

- Year 9 Commerce excursion - Mr Tagliabue

Week 2 - ALPHA

Monday 2 May:

- Usual school routine

Tuesday 3 May:

- Usual school routine

Wednesday 4 May:

- Auslan Workshop - selected Year 10-11 students - Ms Fuz

Thursday 5 May:

- Shoalhaven Zone 13 boys Tackle & 14/16 girls League - Ms Nielsen

Friday 6 May:

- Year 9 Commerce excursion - Mr Tagliabue

ANZAC DAY MARCH

Nowra RSL sub-branch

- Monday 25 April
- Assemble in full school uniform 10.10am in Junction Street between Berry & Osborne Street
- Service concludes 11.30am

DAWN SERVICE MARCH

- Greenwell Point Memorial Hall at 5.10am
- ANZAC Park 5.25am

ANZAC Assembly

Our ANZAC Assembly was a solemn occasion on Tuesday.

Mr Kingsley, Mr Barry 'Grumpy' Tait from the RSL, Lieutenant Commander Damian Liberale and Mr Williams were our special guests.

An Acknowledgement of Country was presented by Will Dowd and Sye Uhr, while Melody Spencer sang the National Anthem.

Thomas Gilbert, Cameron and Samantha Burrell formed the Catafalque Party, while Edward Minnal presented the Senior Address.

We would like to thank the HSIE faculty and Mrs Shipton our School Defence Mentor for organising the assembly.



Thank you

Nowra High would like to once again thank the Nowra RSL Sub-Branch for their generous donation towards the purchase of resources to enhance our school library.

This year we chose to purchase the following titles:

Title: Serving our Country

Editors: Joan Beaumont and Allison Cadzow

Title: The War Behind the Wire

Author: Wilson, Patrick

We are very grateful for your generous support.

NAPLAN 2022

Dear parents and carers,

The National Assessment Program – Literacy and Numeracy (NAPLAN) is a point in time assessment of literacy and numeracy skills that are essential for every child to progress through school and life. Students in Years 3, 5, 7 and 9 participate in the annual NAPLAN tests in writing, reading, conventions of language (spelling, grammar and punctuation) and numeracy. All NSW schools will sit NAPLAN online in 2022.

Our school will be participating in NAPLAN between **10 and 20 May 2022**.

Excessive preparation for NAPLAN is not recommended. Students do not need to be able to touch type to complete NAPLAN as the tests are not about keyboard skills (just as the paper test is not about handwriting skills). Students can use the [public demonstration site](#) to familiarise themselves with the types of questions and tools available in NAPLAN.

Please see the attached *Information for parents and carers – NAPLAN 2022* sheet for further information.

If you have any questions about NAPLAN, please contact your child's teacher.

Additional resources:

- [Public demonstration site](#)
- [NESA NAPLAN website](#)
- [NAP parent/carer support page](#)
- [Watch a video that explains tailored testing](#)

Regards,

Scott Blakeney
Deputy Principal (Acting)|Nowra High School

Monday 28 March 2022

Dear school community,

Our school has been advised that several members of our school community have recently tested positive to COVID-19.

Students in Years 7, 8, 9, 10, 11 and 12 and staff who worked with this group of students may have had contact with a person infectious with COVID-19.

While testing and isolation is no longer mandatory for exposures in school settings, [NSW Health has provided advice on testing and isolation recommendations](#) for the community following exposure to COVID-19 that should be considered when making decisions for your child and family.

You are reminded that staff and students cannot attend school if they are showing any symptoms of COVID-19. These include fever, cough, sore throat, shortness of breath, runny nose, loss of smell/taste, muscle/joint pains, diarrhoea, nausea/vomiting, extreme tiredness, unexplained chest pain or conjunctivitis (eye infection).

If symptoms occur at any time, you should not attend school and should undertake a rapid antigen test. If a rapid antigen test is positive you/your child should isolate [as someone who has tested positive to COVID-19](#). If you cannot access a rapid antigen test, you can attend a PCR (nose and throat swab) testing clinic.

Advice and further resources are available on the NSW Health website including COVID-19 guidelines and fact sheets for [People who tested positive or were exposed to COVID-19](#). Additional resources are also available on the [NSW Government](#) website.

The safety and wellbeing of our staff and students [are paramount at all times](#). As such, we will continue to ensure that all necessary health advice is closely followed.

Thank you for your support.

Yours sincerely

Mr Glen Kingsley

Principal

Nowra High School

Homework centre

The homework centre at Nowra High runs in the library every Wednesday afternoon from 3.30 - 5.00 pm.

Snacks and drinks are provided.

All students in years 7-12 are encouraged to take advantage of this great opportunity to study, with staff present to assist.

Computer access is also available during the sessions.

Please Note:

Homework centre will recommence on Wednesday 4 May.

We look forward to seeing you there.

SENIOR STUDY & SUPPORT



EVERY THURSDAY
PERIODS 4 & 5
SCHOOL LIBRARY

PROVIDING ACADEMIC ASSISTANCE,
VOCATIONAL ADVICE AND WELLBEING SUPPORT
FOR STUDENTS IN YEARS 11 AND 12

TEACHING & WELLBEING STAFF WILL BE
PRESENT AT EVERY SESSION

LET US HELP YOU REACH YOUR FULL POTENTIAL

Kennedy's Bus and Coach Company

wish to advise that

as of Tuesday 15 March 2022, the pick up time for Nowra High students travelling to Cambewarra and Kangaroo Valley will now be 3.30pm.

The earlier pick up time is due to roadworks and reduced access to Kangaroo Valley.

The new departure time is in place until further notice.



BOMADERRY

TIGERS PLAY AFL!

BJAFC welcomes new & returning
players to the 2022 AFL season.

Under 9s, 11s & 13's Mixed
U15 Girls

Enquiries: Roz: 0411 115 338

Training is Thursday 4:30-6pm
at the Nowra Showground.
Games are on Sundays.



ACTIVE KIDS VOUCHERS ACCEPTED

Bomaderry Tigers AFL are looking for players for the 2022 season in under 9s mixed, under 11s mixed, under 13s mixed and our under 15 girls.

Bomaderry is a family friendly club and we encourage kids to come and have a go!

Please call Roz with any enquiries 0411 115 338



SHOALHAVEN JUNIOR RUGBY REGISTRATIONS NOW OPEN



JOIN SHOALIES JUNIORS IN 2022

Teams for boys and girls for all levels of experience:
U8s - 14s

Pre-season Training: Thursday 24th February
4:30 pm at Rugby Park, South Nowra

Total Cost: \$50 + Active Kids Voucher (\$100)
Includes all ARU fees + insurance + players kit including
training jersey, shorts, socks, drink bottle & club cap

New to the game? Try and train for only \$7 for the first 2 weeks!

Contact us on shoalhavenjuniors@gmail.com or visit:

DOWNLOAD ARU 'RUGBY XPLORER' APP TO REGISTER

WWW.SHOALHAVENRUGBYCLUB.COM

Multimedia

Year 9 Multimedia have been learning about the elements of design.

Over the last few weeks they have been creating low poly portraits in Adobe Photoshop, using the elements of line and shape.

Students were asked to choose a pop culture figure that inspires them, do you recognise any? They have produced some incredible images. Well done!



Year 11 Multimedia have been using Adobe Photoshop this term to design several graphic images.

Bailey Cullen completed the extension task inspired by artist Shepard Fairey. Fairey is an American contemporary artist, graphic designer, activist, illustrator, and founder of OBEY Clothing who emerged from the skateboarding scene.

Students were asked to design a political poster that references a pop culture figure.

Here is Bailey's work. Well done!

Congratulations

Congratulations to our Year 7 and 8 Dancers who have successfully gained a position in the Years 7-8 Dance Workshop at the Sydney Dance Company Studios: Grace Martin, Olivia Knowles, Isabelle Sabel, Susanna Royal and Macy Dudgeon.

Congratulations to our Year 10 Dancers who have successfully gained a position in the Years 9-10 Dance Workshop at the Sydney Dance Company Studios: Lucy Armstrong, Lillie Cook and Amber Davidson.

Year 11 Ancient History and Year 9 Elective History travelled to Sydney to participate in Groundwork: Archaeology at The Big Dig at The Rocks.

The students examined the lives of a number of men and women who lived and worked in The Rocks during the 19th century, and considered the impact the industrial revolution had on their lives and on the socioculture identity of The Rocks.



Congratulations



Alexandria in action!



Congratulations to the South Coast Open Girls Volleyball team who have just won the New South Wales CHS Championships. They defeated Sydney West in the final.

Huge congratulations to Nowra High's three stars, Alexandria Smith, Mireille Smith and Aimee Lamb. We are so proud of you!



Do you know what they're vaping?

Nowra High School, like many other schools, has seen a recent spike in young people vaping.

E-cigarettes, or 'vapes', are not safe for young people. They come in many shapes and sizes and can be hard to spot as they can look like everyday items including highlighters, pens or USB memory sticks.

Key vaping facts

- Many vapes contain nicotine. Nicotine can cause long-lasting negative effects on young people's brain development, including impaired learning ability and altered mood, and can increase the risk of depression and anxiety.
- Vapes can contain the same harmful chemicals found in cleaning products, nail polish remover, weed killer and bug spray, which can lead to serious lung diseases.
- Young people who vape are 3 times more likely to take up smoking cigarettes.

The laws around selling vapes

It is illegal to sell vapes to anyone under the age of 18 years. Young people often purchase vapes online, from retail stores, or from friends and contacts on social media. You can report suspected illegal sales of vapes to [NSW Health](https://www.health.nsw.gov.au/tobacco/Pages/default.aspx) or by calling the Tobacco Information Line on 1800 357 412.

Talk to your child about vaping

It's important to take the time to talk to your child about the risks of vaping. Try to start the conversation in a relaxed easy-going way, and remember your goal is to have a conversation, not deliver a lecture. Importantly, get the facts at: www.health.nsw.gov.au/vaping



Congratulations



Congratulations to Alexandria Smith from Nowra High School and Rachael Heron from Ulladulla High School who were selected in the 2022 NSW CHS Girls Volleyball Team.

This is Alexandria's second consecutive year being selected. The NSW CHS Girls team will compete in the NSW All Schools - Secondary Volleyball Quad-series at Olympic Park on 10 June 2022.

The Mother's Day Classic is held annually all over Australia, both in capital cities and regional areas. Over the past 5 years our Huskisson event has raised over \$50,000 through sponsorship, registrations, raffles, donations, cupcake sales and Bunnings sausage sizzles. We would not have been able to achieve this without the help of our local community. I'm sure the majority of us have been affected by breast cancer at some stage in our lives, by either fighting this battle themselves, knowing someone who has been diagnosed with breast cancer, or sadly passed away from this relentless disease. Knowing that there is money being raised towards research, and one day a cure, is reassuring.

You can register for the event at [Mother's Day Classic Foundation : NSW - Huskisson \(mothersdayclassic.com.au\)](https://mothersdayclassic.com.au) or by following the link on our Facebook page 'Mother's Day Classic Huskisson'.

Lowes is pledging to
RAISE FUNDS
for the Sydney Children's Hospitals Foundation

This is an opportunity to let the parents at your school know just how they can make a difference.

DONATE A LITTLE

\$2 is all it takes. Add it at the cart of any Lowes online purchase and make every dollar count. Alternatively drop your loose change into our coin box instore.

DONATE A LOT

There is NO limit. You can donate any amount at the cart if you're shopping online, you can add a donation during your eftpos transaction instore, or you can donate directly to the foundation!

BUY A TOTE BAG

The art was designed by kids at Sydney Children's Hospital.
 Available in 2 colours, 100% of the proceeds go to research in children's health all over the world.

Richard III Incursion – Friday 18/3/22

Year 11 and 12 students of Advanced English thoroughly enjoyed the performance of Shakespeare's 'Richard III' on Friday 18 March. The performance by the Australian Shakespeare Company was exciting and an engaging exploration of the characters as well as an analysis of the play's historical context and Shakespeare's language. The performance is designed to give the students a greater insight into the text and enrich their study of the Textual Conversations Module for the HSC. Several students were invited to take parts in the performance. Zane Peter, Chenglin Wu and Tom Gilbert were the student stars of the show, taking on multiple roles.

This is the fourth time we have organised for this performance to come to NHS. Thank you to Ms Stevens, Mr Wong and Ms Soeters for their help in the organisation of this valuable educational experience.



Conservatorium High School - applications open

Keyboard: Piano, Harpsichord, Pipe Organ, Chamber Organ
Strings: Violin, Viola, Violoncello, Double Bass, Harp, Guitar
Woodwind: Flute, Oboe, Clarinet, Bassoon, Saxophone, Recorder
Brass: French Horn, Trumpet, Trombone, Euphonium, Tuba
Percussion: Timpani, Tuned and Untuned Percussion
Chorister & Voice
Composition
Jazz Studies



Applications close Friday 17th June 2022
Auditions begin Saturday 13th August 2022

Please follow this link to apply: <https://conservat-h.schools.nsw.gov.au/admissions/entry-criteria.html>

[Apply Now - Conservatorium High School](#)

Application Process. For each student applicant:

Step 1 - The parent or career pays the audition fee using Trybooking.com.

Step 2 - You will receive an email from Trybooking.com with the receipt for the audition fee (called a "ticket")

conservat-h.schools.nsw.gov.au

Pritchard Tennis Academy

Holiday Clinic

11th 12th 13th April

9am to 12noon each day

3 days \$90 or \$35/day

To enrol contact Mark 0427 961 101 or Vicki 0412 134 840

Friday Junior Tennis Winter Competition

Starts 29th April

Finishes 16th September

For more information contact Vicki 0412 134 840

Planning your
child's school
bus trip has never
been easier



Plan travel on the go
and get real-time trip
updates – anywhere,
any time – with a range
of trip planning tools
and apps.



Download a trip planning app now.
Scan the QR code or go to
transport.nsw.info/apps



Getting your child to
and from school has
never been easier.

Real-time trip information is now
available, and there are a range of trip
planning tools you can use on the go.

- Access school bus timetables and get real-time trip updates – anywhere, any time.
- Get information about real-time delays and planned service changes so you're always in the know.
- Use interactive maps to see where and what time your child's school bus will stop – so you know when it's on the way in the morning, when it has arrived at school, and what time it'll drop them off in the afternoon. That means less time waiting at the bus stop and less worry about when they'll be home.

Choose from a range of easy-to-use apps and online tools that work with phones, tablets, smart devices, and even voice assistant technology. Or just hop on a computer.



Trip Planner
Visit transport.nsw.info/trip
to use the trip planner tool
in your web browser



Opal Travel app
Download the official
Opal Travel app to your
phone or device



Facebook Messenger
Send a travel query to our
Facebook Messenger bot
and get an instant reply
– search for "NSW Public
Transport - NSW GOV"
to start your chat.



Google or Alexa
Ask Google Assistant
or Amazon Alexa to
"talk to Transport NSW
to plan a trip"

Or try one of many handy third-party apps – visit transport.nsw.info/apps to find an app that suits your needs

A battle of the bands style music festival on the grounds of the Ulladulla Civic Centre to celebrate Youth Week 2022. Come along to cheer for your mates! High Schools from Nowra to Moruya will be represented at this inaugural event!



YOUTH WEEK
FUTURES FEST FREE EVENT!

3-7.30PM TUESDAY 12 APRIL 2022
Ulladulla Civic Centre

Festival highlights include ice cream vans, food trucks, BBQ and a merry go round, thanks to local businesses!

For more information visit: <https://shoalhaven.nsw.gov.au/youthweek>



NSW GOVERNMENT Shoalhaven City Council NSW YOUTH WEEK NC

Apply Now for the 2022/23 TDP Intake EXPLORE, CREATE, MASTER YOUR SOUND AT TALENT DEVELOPMENT PROJECT

We have missed live music performances over the past 2 years! Haven't you?
Are you or anyone you know looking for a music program to help harness and develop performance, vocal and musical abilities? Perform, record, market, publish at TDP!
This program is designed for young entrepreneurial artists looking to pursue a sustained career in the music industry.

[Apply now for our 2022/23 school program intake.](#)

PHOTOGRAPHIC EXHIBITION SOUTH COAST SURFING IMAGES BY NICK SYMONDS



**WHERE: MAIN MEETING ROOM, SHOALHAVEN
NEIGHBOURHOOD CENTRE**

41 WORRIGEE STREET, NOWRA

**WHEN: WEDNESDAY 6 APRIL and WEDNESDAY 13
APRIL - 12.30pm to 2.30pm**



**2022
BATEMANS BAY
Junior Tournament
12 - 14 April**

- Boys and Girls
- Singles and Doubles
- Under 12, 14 and 16s
- During School Holidays

ALL JUNIOR ENTRANTS RECEIVE FREE:

- Batemans Bay Tennis Club 2021/22 membership
- 2021/22 court hire
- Batemans Bay Tennis Club Baseball Cap

To enter visit: tournaments.tennis.com.au
Or email: tennis@batemansbaytennis.com.au



Batemans Bay Tennis Club